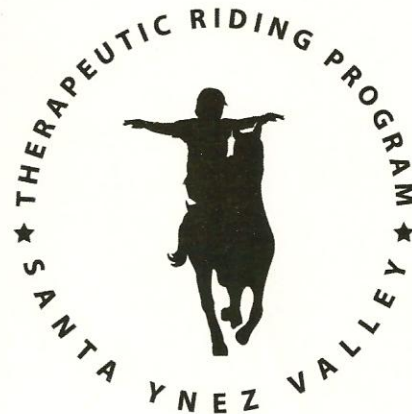


SANTA YNEZ VALLEY THERAPEUTIC RIDING PROGRAM



NARHA

*North American Riding for the Handicapped
Association*

Appreciating the power of the horse to change lives.

NARHA became a 501(c)3 organization in 1969 and is the leader in therapeutic riding. There are more than 800 NARHA member centers in the United States serving more than 42,000 people with special needs annually.

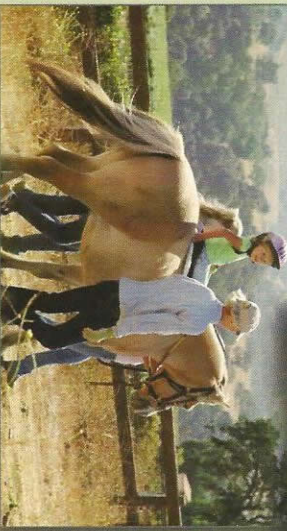
NARHA's Core Values:

- Access & Inclusion
- Cooperation & Collaboration
- Education
- Innovation
- Integrity & Accountability
- Professionalism
- Service
- Holistic Approach

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P.O. BOX 256, SOLVANG, CA 93464
(805) 686-6739

www.syvtherapeuticriding.org

Fun, Friendship, Freedom...



The Santa Ynez Valley Therapeutic Riding Program's mission is to provide quality equine assisted activities and experiences to children and adults with physical, cognitive, social, emotional and/or other life challenges.



ABOUT OUR PROGRAMS

The Santa Ynez Valley Therapeutic Riding Program is a 501(c)(3) organization founded in 1990 by Mary Ann Evans, Ph.D. It is a Premier Accredited North American Riding for the Handicapped Center (NARHA), the highest national rating. The Program is located at the SYV Equestrian Center.

Special Needs Riding Program

The Special Needs Riding Program offers group and private lessons that follow individually tailored lesson plans by Certified NARHA Instructors. The Program serves Northern Santa Barbara County residents with special needs including various mental, physical, and emotional challenges. Group riding lessons and life skills lessons are also available to schools.

Therapeutic riding has been recognized by the American Physical Therapy Association and the Occupational Therapy Association as effective in easing symptoms associated with the following disabilities: Amputations; Autism; Brain Injuries; Cerebral Palsy; Down Syndrome; Emotional Disorders; Hearing Impairments; Learning Disabilities; Mental Retardation; Multiple Sclerosis; Post Polio Syndrome; Speech Impairments; Spina Bifida; Spinal Cord Injuries; Visual Impairments; Cardiovascular Disease; Accident/Stroke.

The Program holds an annual "Riders Roundup" and BBQ for students to showcase their skills to friends and family and receive a ribbon.



HELP Program

The Horse Enlightened Learning and Psychotherapy (HELP) program is a mental health program which uses equine facilitated therapy. The HELP program is an innovative form of therapy focusing on body language, physical activity, and teamwork. The HELP program's benefits and skills are life-long to those who complete the program, learning effective and positive ways to control themselves and demonstrate pro-social behavior. The ideal length of time for a student to be in this program is 8 weeks. A licensed psychologist and a Certified NARHA Instructor facilitate HELP sessions. The primary target audience is incarcerated youth from Los Prietos Boys Camp, at-risk teens, and trauma victims of any age. Family interventions and corporate team building retreats are also available.



Scholarship Program

Need-based scholarships are available for all programs. No one is ever turned away for an inability to pay. Thank you to all of our generous donors that make this possible.

Volunteer

The Program survives with the help of volunteers.

Volunteers:

- Groom and Tack horses before lessons
- Lead or side-walk students during lessons
- Feed horses and clean pens
- Help with fundraising
- Help with facility maintenance
- Have fun helping wonderful people